

**Swim Wales National Championships 2026 - 02/04/2026 to 05/04/2026****Results - Session 12 (Warmup 2.50 - 3.50)****Event 406 Men 16-17 100 LC Meter Freestyle**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
<b>Finals</b>				
1	Silverstone, Solomon	17	PCPY	52.20
	25.31	52.20		
2	McCarthy, Benedict	17	COCY	52.36
	24.82	52.36		
3	Major, Maximus	16	TDOY	54.38
	25.64	54.38		
4	Dowty, Oliver	17	KELW	55.21
	26.74	55.21		
5	Meilleur, Elliot	16	SGPY	55.41
	26.67	55.41		
6	Ma, Ko Kwan	17	COCY	55.53
	26.78	55.53		
7	Foster, Henry	17	REDM	55.67
	26.71	55.67		
8	Shiland-Griffiths, Enzo	16	SGPY	56.15
	26.88	56.15		

**Event 406 Men 18 & Over 100 LC Meter Freestyle**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
<b>Finals</b>				
1	Davies, Evan	20	COCY	50.45
	24.10	50.45		
2	Knight, Jack	23	COCY	51.01
	24.38	51.01		
3	Gillett, Oliver	19	SUNY	51.11
	24.79	51.11		
4	Docking-Smith, Frankie	22	SUNY	51.64
	24.57	51.64		
5	James, Harley	21	COCY	52.04
	24.56	52.04		
6	Staines, Luca	22	SUNY	52.10
	25.10	52.10		
7	Mruk, Lucas	18	TDOY	52.56
	25.07	52.56		
8	Geysen-Holley, Max	21	COCY	52.92
	25.04	52.92		